



श्री विश्व सनातनधर्म मन्दिर Shree Vishwa Sanaatan-Dharma Mandir 132 WHITEHORSE ROAD CROYDON SURREY CR0 2LA (U.K.)

In Memory of Late Shree Parshotam Lal Bhagat Abbott & Late Smt Parvesh Bhagat Abbott

Issue No. 017

Monthly

Nov 2015

SAANAATAN DHARMA MESSAGE

Jai Mata Di

What is Sanaatan Dharma?

Sanaatana Dharma is a code of ethics, a way of living through which one may achieve moksha (enlightenment, liberation).

MESSAGE FROM THE CHAIRMAN:

We thank you all on behalf of the Mandir Founders, Trustees for attending Satsang & festival regularly. We also take this opportunity to thank all the Volunteers for hosting and participating in serving Prasad to Maa Durga and all its devotees.

Any Devotees who wish to participate as YAJMAN, please contact Mandir Management as soon as possible by e-mail / phone.

In the meantime the Mandir services will continue as usual and all weekly programmes will remain unchanged. Daily Evening AARTY will be performed at normal time

Nitin Mehta MBE

Chairman

Founder:

Shree Man Mohan Abbott

Trustees:

Dr. Sh. H P Abbot
Pandit Sh. Veerendra Rishi
Pandit Sh. Dr Venkat Joshi
Pandit Cllr. Sh. Raju Pandya

Chairman:

Shree Nitin Mehta, MBE

Mandir Purohit/ Acharya Ji
Vacancy:

Newsletter Editor:

Mandir Management

Newsletter Designer

Deveshi Priya, Age 10

This month's Festival:

AHOI ASHTMI	अहोई अष्टमी	03-11-2015	TUESDAY
EKADASHI	एकादशी	07-11-2015	SATURDAY
DHANTRESH	धन्तेरस	09-11-2015	MONDAY
AMAVAS	अमावस	11-11-2015	WEDNESDAY
DIWALI	दिपावली	11-11-2015	WEDNESDAY
ANNKUT	अन्नकूट	12-11-2015	THURSDAY
BHAI DHUJ	भाई दूज	13-11-2015	FRIDAY
SANKRTIAN (MARGSHIRSH)	संक्रांति (मार्गशीर्ष)	16-11-2015	MONDAY
PANCHAK BEGINS (02.04 AM)	पंचक आरंभ	19-11-2015	THURSDAY
EKADASHI	एकादशी	22-11-2015	SUNDAY
PANCHAK END (06.47 AM)	पंचक समाप्त	23-11-2015	MONDAY
PURNIMA	पूर्णिमा	25-11-2015	WEDNESDAY

VOLUNTEERS:

We would appreciate any Volunteer service from the devotees.

Please contact Nitin Ji /
Manmohan via e-mail:

mail@vishvasanatadharam.org.uk

Monthly Programme:

SATSANG

REGULAR MANDIR DEVOTEES HAVE BOOKED THE MANDIR FOR A MONTHLY SATSANG TO BE HELD EVERY FIRST SUNDAY OF THE MONTH FROM 3PM TO 5PM. ANY DEVOTEES WISH TO BE YAJMAN ON THE DAY, PLEASE CONTACT THE MANDIR MANAGEMENT TEAM ON 07956348676.

Weekly Programme:

1. EVERY MONDAY:(BHAGWAN SHIVJI PRAYERS / RUDR ABISHEK)

RUDR ABISHEK: As per ancient texts when Lord Vishnu was incarnated as Sri Rama, Lord established Shiva Lingam at Rameshwaram before crossing the sea. He performed Rudrabhishek to express his devotion towards Lord Siva. This Pooja, where Lord Shiva is worshiped in His Rudra form, is hailed by all Vedic scriptures as one of the greatest Poojas to remove all evils, to attain all desires and for all round prosperity and peace. It is an abhishek /puja performed for Lord Shiva and it is very auspicious to perform. (Devotees are welcome to come and perform this ceremony during Mandir Opening Hours on Monday)

2. EVERY TUESDAY:(HANUMAN JI / BAJRANG BALI JI PRAYERS)

RECITING SUNDERKANT CHAPTER FROM RAMAYAN & THEREAFTER ENCHANTING HANUMAN CHALISA.

3.EVERY WEDNESDAY:(BHAGWAN VISHNU PRAYERS)

ENCHANTING LORD KRISHNA MANTRA AND RECITING 1008 NAMES OF LORD VISHNU, THEREAFTER BHAJAN

4. EVERY THURSDAY:(BHAGWAN VISHNU / LAXMI JI)

RECITING SRIMAD BHAGAVAD PURANA, THEREAFTER BHAJAN

5. EVERY FRIDAY:(DEDICATED TO ALL MATA JI)

KATHA AND BHAJAN IS DEDICATED TO MAHALAXSHMI MATA JI, SANTOSHI MA, ANNAPURANESHWARI AND MAA DURGA.

6. EVERY SATURDAY: (DEDICATED TO SHREE HANUMAN JI FOR BHAGWAN SHANI DEV JI)

ENCHANTING HANUMAN CHALISA (108 TIMES)

7. EVERY SUNDAY: (BOOKINGS AVAILABLE FOR PRIVATE PRAYERS / FUNCTIONS)

TO BE ADVISED ON A WEEKLY BASIS

ANY DEVOTEES WISH TO BOOK THE MANDIR FOR ANY OF THE ABOVE DAYS FOR THE ABOVE PRIVATE POOJA CEREMONY, PLEASE CONTACT MANDIR MANAGEMENT BY E-MAIL.

॥ ॐ श्रीपरमात्मने नमः ॥



दूसरे लोग जन्मते हैं तो शरीर पहले बालक होता है, फिर बड़ा होकर युवा हो जाता है, फिर वृद्ध हो जाता है और फिर मर जाता है। परन्तु भगवान् में ये परिवर्तन नहीं होते। वे अवतार लेकर बाललीला करते हैं और किशोर-अवस्था (१५ वर्ष की अवस्था)-तक बढ़ने की लीला करते हैं। किशोर-अवस्था तक पहुँचने के बाद फिर वे नित्य किशोर ही रहते हैं। सैकड़ों वर्ष बीतने पर भी भगवान् वैसे ही सुन्दर-स्वरूप रहते हैं।

—परमश्रद्धेय स्वामीजी श्रीरामसुखदासजी महाराज

|| Shri Hari ||

The relationship that we perceive with things, is only for the proper use (service) of that thing, not for establishing our rights and entitlements over it.

www.swamiramsukhdasji.net

|| Shri Hari ||

The world is also like the married daughter, that you do not consider as yours. You turn the world over to God, then all worries will come to an end.

www.swamiramsukhdasji.net

|| Shri Hari ||

Today itself, have a firm resolve, that henceforth, I want to walk the path towards God only !

I want to search for Him only, then there is no doubt in your salvation.

www.swamiramsukhdasji.net

For General and Newsletter Enquiries:

Shree Nitin Mehta (07910875908)

Shree Raju Pandya (07956252294)

Shree Dr H P Abbot (07956824091)

Pandit Shree Veerendra Rishi (07788436348)

Pandit Shree Dr Venkat Joshi (07986603951)

E-mail Enquires:

mail@vishwasanatandharammandir.org.uk

Website:

www.vishwasanatandharammandir.org.uk

Mandir Opening Times:

9.00am To 1.00 pm

5.00pm To 7.30pm

Mandir Closing Times:

1.00pm To 5:00 pm

7:30pm To 9.00 am



Everyone loves their self-interest. There are only two who will love us without any self-interest - God and His devotees. If we begin to like these two, then we will become a saint, we will become great. But if lies, deceit, dishonesty, cheating, trickery, is appealing, then we will become lowly. We must look at ourselves, to gauge what is the state of affairs? We are doing satsang for so many years, and how close have we reached to God? Think and Reflect on this. How dear is money to us, but how very quickly it slips through our fingers. Then too we long for money! money! money! The money does not remember us, but God remembers us, He protects us, He comes to our aid. Who else is like God?

उमा राम सम हित जग माहीं ।
गुरु पितु मातु बंधु प्रभु नाहीं ॥
(मानस, किष्किंधा. १२ । १)

Uma Raam sam hit jag maahim |
Guru pitu maatu bandhi prabhu naahim ||
(Manas, Kishkindhaa 12/1)

Uma, there is no such friend as Sri Ram in this world - neither preceptor, nor father, nor mother, nor brother, nor master.
(Manas, Kishkindhaa 12/1)

God has helped and been so benevolent towards us in the past, He is doing so at present, and will continue to do so in the future. There is none that will see to our supreme good, like God. There never was, isn't at present, never will be, and never can be! What do we go for God? What self-interest does God have from us? Then too He loves us, and sees to our supreme good. If we become engaged in God with a true and sincere heart, we will be greatly benefited.

नाम नाम बिनु ना रहे, सुनो सयाने लोय ।
मीरा सुत जायो नहीं, शिष्य न मुंड्यो कोय ॥

We think, that if we have a child, we will be greatly benefited, if we have some disciples, it will be wonderful. But *Meerabai*, had no children, nor did she make anyone her disciple, but even today, after many generations, people remember her name, they remember her. You do not remember the names of 3-4 generations of your fore-fathers! That was an exceptional thing about *Meerabai* – 'Mere toh Giridhar Gopal, doosero na koyi.' 'Only God is mine, no one else is mine.' Simply by remember that one - God, everything will be alright. In this world and in the world beyond, both will improve. But by remembering sense pleasures, the body deteriorates, the mind is also polluted, habits become bad, health becomes spoilt. Therefore at all times, remember God. This is the essence, the gist of everything.

Narayan! Narayan!! Narayan!!!

|| Shri Hari ||



Taking Refuge in Saints

In a village there was a Landlord. There were no men left in his own family, only one boy was remaining from an adjoining family. The boy began to work in the Thakur's house. Everyday, he went to graze the calves, and when he returned, he used to eat a 'roti'. In this manner, the time went by. One afternoon when the boy returned from grazing the calves, the Thakur's servant, gave him a cold 'roti' for lunch. The boy asked, -may I get some buttermilk or thick sweetened milk (rabdi), it will be good. The servant said - Go away, surely you don't think the sweetened milk is made for you! Eat it as given, or it is your wish! The boy became a bit angry, and thoughts went through his mind - I have been grazing these calves in heat, and am hungry, and all I have been given is a dry roti. And when I asked for 'Raabdi' (sweetened milk), I was condemned. He left the place hungry. There was a city close to the village. In that city, a group of saints had arrived. The boy left to go to that city. The saints fed him food, and asked him, who all are in your family? He said, I have no one. Therefore, the saints said - 'you become a sadhu.' The boy became a 'sadhu'. For his studies, he went to Kashi. After studying over there, he became very educated. And with time, he became the 'Mandaleshwar,' the head saint (Mahant).

After becoming the head saint, one day he received an invitation to come to the very same village that he was from. Taking his group of saints, he went to that village. The Thakur that he worked for in his childhood, had now become old. The Thakur went up to him, engaged in 'satsang' with him, and prayed that Maharaj! Just once, please come to my small hut, by which my place will be sanctified! Mandaleshwarji accepted his invitation.

Mandaleshwarji along with his group, went to the Thakur's house and the group sat down for 'prasad'. The fifteenth chapter of the Gita was recited, and then all began to eat. Various varieties of foods were placed in front of Maharajji. Now Thakur came to Maharaj, and the servant was present as well, with a bowl of sweets (halwa) in his hands. The Thakurji prayed, that please accept some halwa, offered by my hands. The Maharaj began to laugh. Thakurji asked - 'why are you laughing?' Maharajji said - 'I recollected an old incident, therefore I laughed.' Thakur said 'Tell me what is that story?' Maharaj said to all the saints, 'Brothers, please wait for a little longer. Thakurji is asking a question, which I am going to answer.' Maharaj asked Thakur, that in your family there was some people staying, is anyone left now? Thakur said - 'only one boy is left. He grazed the cows for a few days, then he simply disappeared, not sure where he went! Many days have passed by, I have not seen him since. Maharaj said - I am the same one! Nearby, a group of saints were staying, I went to them. From there I went to Kashi, and studied and then became Mandaleshwar. This is the same place where your servant has refused to give me even a little bit of 'Raabdi'. Now I am the same, this place is the same, and you are the same, but now you are giving me varieties of sweets with your own hands, saying that please Maharaj, grace me by accepting 'prasaad' with your own hands.

Simply by taking refuge in saints, some much has happened. Where I used to not get any 'raabdi', now I get a tray full of delicious sweets! If someone takes refuge in God, then he will be revered even by the saints. All are not independent in becoming a millionaire or billionaire, but in taking refuge in God, being a devotee of God, all-in-all are independent and such an opportunity is only available in this human birth.

|| Shri Hari ||

॥ ॐ श्रीपरमात्मने नमः ॥

यद्यपि जिस किसीमें जो भी विशेषता है, वह परमात्माकी है, तथापि जिनसे हमें लाभ हुआ है अथवा हो रहा है, उनके हम जरूर कृतज्ञ बनें, उनकी सेवा करें। परन्तु उनकी व्यक्तिगत विशेषता मानकर वहाँ फँस न जायँ—यह सावधानी रखें।

—परमश्रद्धेय स्वामीजी श्रीरामसुखदासजी महाराज



श्री विश्व सनातनधर्म मन्दिर
Shree Vishwa Sanaatan-Dharma Mandir
132 WHITEHORSE ROAD CROYDON SURREY CR0 2LA (U.K.)

In Memory of Late Shri Parshotam Lal Bhagat Abbott & Late Smt Parvesh Bhagat Abbott

Poetry Of The Month

PUNCTUALITY

Keep to the time and keep to the word,
Doing the exact time punctuality observed,
In an appointment never lose time,
Time is money bear in mind.

Punctuality is a boon of God,
Given to man to lead right path
He is failing in his duty who observeth not,
And deviates from the path of God.

A student who attends the school in time,
Intoxicates with lessons his brain and mind,
A doctor when attends his patient in time,
Curse him radically with soul and mind.

Unpunctual not only wastes his time,
Gives anxiety to others for his crime,
He causes worry to those who rely on him,
And thereby gets contempt from them.

Punctuality is politeness of Kings,
Which is also a duty to bring
Necessity for men, to attend
Schools, offices, and shops workmen.

Whoever performs not his work in time
Loses money, reputation and faith divine.
He is ruined life long,
Sings many bad luck songs.

Punctuality is a gift of grace,
Deserves not persons habitual late;
Unpunctual loses all sense of honour,
Glory, good names amongst his fellows.

Punctuality begets confidence,
Trust, assurance, and impudence,
Lack of punctuality forfeits all
And makes the man rolling ball.

Cultivate the habit of punctuality,
It brings you honour in plenty.
Punctuality saves the time of others,
Thus begets the confidence of brothers.

In all walks of life punctuality helps,
To gain in every field unique success
For nation, country and yourself
To raise them to crest.

Punctuality is a back bone for character,
Its clock that saves from social disaster.
India badly needs the law of punctuality
In the popularity it is growing tendency.

In countries that are free
Such Unpunctuality cannot be
As in India now we see
Which we badly feel.

We are passing through democratic age
Our responsibility towards punctuality is great.
O, Social Reformers; turn new page
Against the vice you crusade
Which undermining our national prestige,
Check up this insanity with great zeal.

By Bhagat Har Govind Abbott

**RAM RAJ IS COMING SAID NOSTRADAMUS
MODI ERA HAS BEEN PREDICTED
Nostradamus Prediction**

**In the current Lok Sabha the Party
strength are:**

BJP = 283 Seats $2 + 8 + 3 = 13$

NDA = 337 Seats $3 + 3 + 7 = 13$

UPA = 58 Seats $5 + 8 = 13$

OTHERS = 148 Seats $1 + 4 + 8 = 13$

“450 years ago Nostradamus predicted Modi Era”:

French prophet Nostradamus wrote in the French language in the Century text that from 2014 to 2026, a man will lead India, whom initially, people will hate but after that people will love him so much that he will be engaged in changing the country's plight and direction.

This was predicted in the year 1555.

It was written in French Language, which is translated into Marathi language by the famous astrologer of Maharashtra Dr.Ram Chandra Joshi.

It is clearly written on the 32-33 page, “Wait Ram Rajya is coming”

A middle aged superpower administrator will bring golden age not only in India but on the entire earth, who will revive his Sanatana Dharma and will make India the best Hindu nation by defeating the evils and would be placed on Power of its Own.

Under his leadership India will not only just become the Global Master, but many countries will also come into the shelter of India.

SIMILARITIES OF BEWILDERMENT

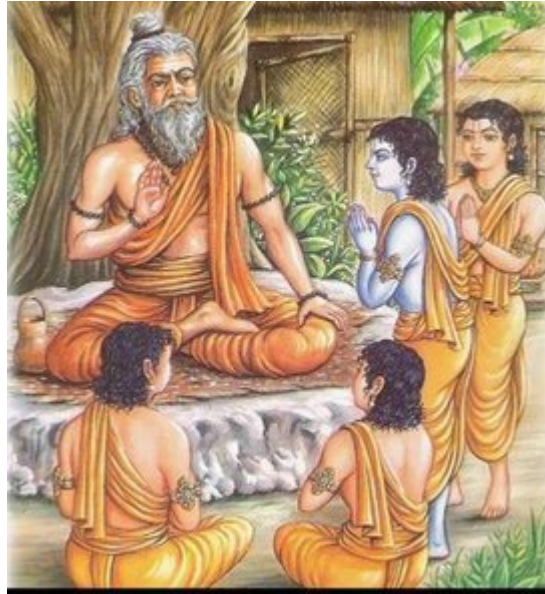
Buddha was married, but he left his wife and went out in search of the truth. His wife lived alone. His wife's name was Yashodara

Mahavira was also married, but he also left his wife and became monastic. His wife lived alone. His wife's name was Yashoda.

Modi also married, but he left his wife and put his life in serving the nation. His wife is also living alone. His wife's name is Yashodaben

“YASHODA, YASHODARA AND YASHODABEN “

IS IT JUST COINCIDENCE OR HISTORY IS REPEATING ITSELF?



Beneficial Advice for Children

Follows on from previous newsletter...

85. Believing God to be your "Ishta" (the Beloved Lord), and at all times being in His refuge (depending solely on Him), never worry about anything.
86. Do all your work by yourself. As far as possible do not get your work done by others.
87. Always try to aspire to be with men of excellent conduct, and try to emulate their good qualities.
88. While doing any work, remember that God is seeing to all our actions, and He is deservedly bestowing fruit of our good and bad deeds for our supreme good.
89. Remain ever joyful within.
90. Joyfully forbear all the difficulties that arise while abiding in Dharma.
91. Any difficulties that arise, while doing your deeds lawfully and fairly, understand these to be austerities.
92. Any Predicaments and calamities that arise on their own, understand these to be blessing, a grace from God.
93. Never be fearful of the ordinance prescribed by God and elders, even though it may be against our own thinking, rather remain ever contented and joyful.
94. Do not have pride in your greatness.
95. Do not condemn others regarding them to be small or lowly.
96. Do not hate anyone.
97. Never have the feeling of causing pain to even those who have harmed you.
98. Never deceive, cheat, be dishonest, or betray anyone.
99. Practice celibacy to its fullest. Try to abide in as many rules laid down in the scriptures pertaining to celibacy.

100. Keep your sense organs under control. Let no bad thoughts enter the mind.
101. If you see improper behavior or bad gesture in those who are younger than you, then try to explain to them, or alert their teacher or elders for the good of the child.
102. If you see any improper conduct or bad gesture among those who are older, then humbly inform and alert those elders are well-wishers and will see to their good.
103. Have a fixed daily routine and follow it with great zeal and eagerness.
104. Remain ever resolute.
105. Keep everything in its appointed and proper place and take good care of it.
106. Daily in the evening, at dusk, just like the morning routine, definitely do, minimally one round of beads of 'Hare Ram' mantra, and he who has been initiated into Brahmanic way of life, should also definitely do one round of beads of the Gayatri mantra at dusk.
107. To aspire to get rid of one's bad qualities and conduct, and to develop good qualities and conduct, with a sincere and true heart, pray to God and depend only on God's power and strength.
108. At bed time, remember your daily "paath", Gita Shlokas etc., and while repeating the Divine Name of God, go to sleep.

|| Shri Hari ||

|| Shri Hari ||

**As long as you have desire
for those objects which
originate from this
world (Nature),
till then,**

**freedom you are
entirely
DEPENDENT !**

www.swamiramisukhdasji.net



श्री विश्व सनातनधर्म मन्दिर Shree Vishwa Sanaatan-Dharma Mandir

132 WHITEHORSE ROAD CROYDON SURREY CR0 2LA (U.K.)

In Memory of Late Shri Parshotam Lal Bhagat Abbott & Late Smt Parvesh Bhagat Abbott

Community Special submission can be sent to the Mandir management by 25th of each month. We will endeavour to print in the newsletter FOC.

COMMUNITY SPECIAL

Introducing
a new school for
CROYDON

KRISHNA AVANTI
PRIMARY SCHOOL

Opening September 2016

Opening
September 2016



KRISHNA AVANTI
PRIMARY SCHOOL



Introducing a new 2 form-entry primary school for Croydon

Avanti Schools Trust are pleased to announce the fifth addition to our family of successful schools. Supported strongly by the local community, the school will provide an outstanding education for all.

Avanti schools prepare pupils for their respective life-journeys by promoting educational excellence, character formation and spiritual insight. Our Hindu faith schools are truly inclusive, seeking pupils and staff from all backgrounds and faiths; we do not operate a faith criteria for pupils. Alongside teaching the full curriculum, we are unique in offering practical 21st century spirituality, rooted in ancient wisdom. Class meditations, values-led lessons and yoga encourage reflection and are tools for life.

The planned permanent site will be a brand new building where Victoria House currently stands (CR0 4HA).

All children that will be starting Reception year in 2016 should apply via Croydon Council from September 2015 and register their interest online:

www.avanti.org.uk/kapscroydon



AVANTI SCHOOLS
TRUST

*A Journey of
Self-Discovery*



श्री विश्व सनातनधर्म मन्दिर
Shree Vishwa Sanaatan-Dharma Mandir
132 WHITEHORSE ROAD CROYDON SURREY CR0 2LA (U.K.)

In Memory of Late Shri Parshotam Lal Bhagat Abbott & Late Smt Parvesh Bhagat Abbott

SHREE VISHWA SANAATAN DHARMA VIVAH SERVICE (VSDMVS)

Please complete this form in BLOCK CAPITAL letters and send it to the above address with

Please send SELF ADDRESSED STAMPED envelope.

Contact Details

Title	Mr / Miss / Mrs / Dr	First Name	Surname
Address		Town / City	County: Post Code
Tel Number	Landline:	Mobile :	
E-mail			

Applicant Details:

Title	: Mr / Miss / Mrs / Dr	Sex : Male Female
First Name		
Surname		
Marital Status		
Nationality		
Date of Birth	Height : ft in	
Smoker :	Yes No	Vegetarian Yes No
Caste: (Optional)		
Qualifications	Occupation	

Declaration and Consent:

I understand and agree that the **SHREE VISHWA SANAATAN DHARMA MANDIR VIVAH SERVICES** and its Management will under no circumstances be held responsible legally or morally for the bonafide of either of the 'parties' concerned nor liable for any form of legal action.

I declare that the above particulars are correct to the best of my knowledge.

Signed (applicant): _____ Date: _____

Contact Name: _____ Tel No: _____

Please inform us in writing as soon as your son/daughter is engaged / Married.

For Office Use Only:

Date: / / Ref No: