



श्री विश्व सनातनधर्म मन्दिर
Shree Vishwa Sanaatan-Dharma Mandir
132 WHITEHORSE ROAD CROYDON SURREY CR0 2LA (U.K.)

In Memory of Late Shree Parshotam Lal Bhagat Abbott & Late Smt Parvesh Bhagat Abbott

Issue No. 018

Monthly

Dec 2015

सानातान धर्मा मैसेज

जै माता दी

What is Sanaatan Dharma?

Sanaatana Dharma is a code of ethics, a way of living through which one may achieve moksha (enlightenment, liberation).

MESSAGE FROM THE CHAIRMAN:

We thank you all on behalf of the Mandir Founders, Trustees for attending Satsang & festival regularly. We also take this opportunity to thank all the Volunteers for hosting and participating in serving Prasad to Maa Durga and all its devotees.

Any Devotees who wish to participate as YAJMAN, please contact Mandir Management as soon as possible by e-mail / phone.

In the meantime the Mandir services will continue as usual and all weekly programmes will remain unchanged. Daily Evening AARTY will be performed at normal time

Nitin Mehta MBE

Chairman

Founder:

Shree Man Mohan Abbott

Trustees:

Dr. Sh. H P Abbot
Pandit Sh. Veerendra Rishi
Pandit Sh. Dr Venkat Joshi
Pandit Cllr. Sh. Raju Pandya

Chairman:

Shree Nitin Mehta, MBE

Mandir Purohit/ Acharya Ji
Vacancy:

Newsletter Editor:

Mandir Management

Newsletter Designer

Deveshi Priya, Age 10

This month's Festival:

EKADASHI (EUROPE ONLY)	एकादशी	06-12-2015	SUNDAY
AMAVAS	अमावस	11-12-2015	FRIDAY
SANKRANTI (POH)	संक्रांति (पौष)	16-12-2015	WEDNESDAY
PANCHAK BEGINS (07.25 AM)	पंचक आरंभ	16-12-2015	WEDNESDAY
PANCHAK END (02.14 AM)	पंचक समाप्त	20-12-2015	SUNDAY
GITA JAYANTI	गीता जयंती	21-12-2015	MONDAY
PURNIMA VARAT	पूर्णिमा व्रत	24-12-2015	THURSDAY
PURNIMA	पूर्णिमा	25-12-2015	FRIDAY

VOLUNTEERS:

We would appreciate any Volunteer service from the devotees.

Please contact Nitin Ji / Manmohan via Mobile:

Nitin :07910875908

Man Mohan :07956348676

Monthly Programme:

SATSANG

REGULAR MANDIR DEVOTEES HAVE BOOKED THE MANDIR FOR A MONTHLY SATSANG TO BE HELD EVERY FIRST SUNDAY OF THE MONTH FROM 3PM TO 5PM. ANY DEVOTEES WISH TO BE YAJMAN ON THE DAY, PLEASE CONTACT THE MANDIR MANAGEMENT TEAM ON 07956348676.

Weekly Programme:

1. EVERY MONDAY:(BHAGWAN SHIVJI PRAYERS / RUDR ABISHEK)

RUDR ABISHEK: As per ancient texts when Lord Vishnu was incarnated as Sri Rama, Lord established Shiva Lingam at Rameshwaram before crossing the sea. He performed Rudrabhishek to express his devotion towards Lord Siva. This Pooja, where Lord Shiva is worshiped in His Rudra form, is hailed by all Vedic scriptures as one of the greatest Poojas to remove all evils, to attain all desires and for all round prosperity and peace. It is an abhishek /puja performed for Lord Shiva and it is very auspicious to perform. (Devotees are welcome to come and perform this ceremony during Mandir Opening Hours on Monday)

2. EVERY TUESDAY:(HANUMAN JI / BAJRANG BALI JI PRAYERS)

RECITING SUNDERKANT CHAPTER FROM RAMAYAN & THEREAFTER ENCHANTING HANUMAN CHALISA.

3.EVERY WEDNESDAY:(BHAGWAN VISHNU PRAYERS)

ENCHANTING LORD KRISHNA MANTRA AND RECITING 1008 NAMES OF LORD VISHNU, THEREAFTER BHAJAN

4. EVERY THURSDAY:(BHAGWAN VISHNU / LAXMI JI)

RECITING SRIMAD BHAGAVAD PURANA, THEREAFTER BHAJAN

5. EVERY FRIDAY:(DEDICATED TO ALL MATA JI)

KATHA AND BHAJAN IS DEDICATED TO MAHALAXSHMI MATA JI, SANTOSHI MA, ANNAPURANESHWARI AND MAA DURGA.

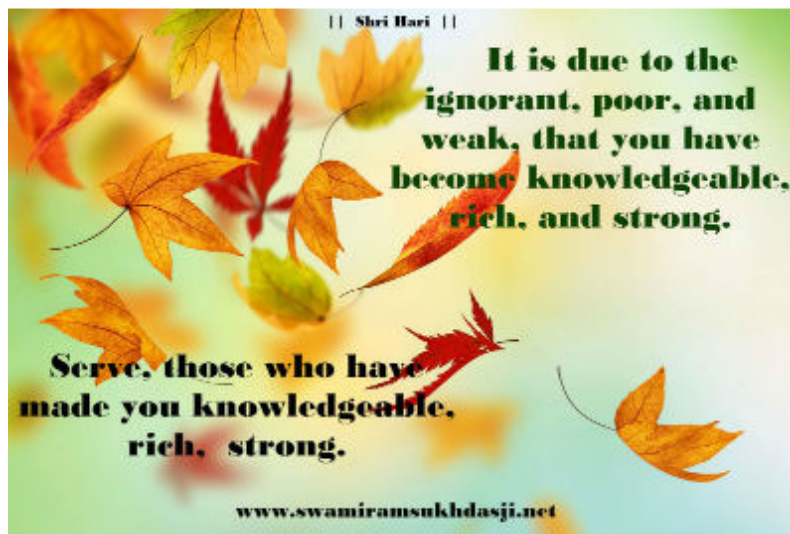
6. EVERY SATURDAY: (DEDICATED TO SHREE HANUMAN JI FOR BHAGWAN SHANI DEV JI)

ENCHANTING HANUMAN CHALISA (108 TIMES)

7. EVERY SUNDAY: (BOOKINGS AVAILABLE FOR PRIVATE PRAYERS / FUNCTIONS)

TO BE ADVISED ON A WEEKLY BASIS

ANY DEVOTEES WISH TO BOOK THE MANDIR FOR ANY OF THE ABOVE DAYS FOR THE ABOVE PRIVATE POOJA CEREMONY, PLEASE CONTACT MANDIR MANAGEMENT BY E-MAIL.



For General and Newsletter Enquiries:

Shree Nitin Mehta (07910875908)

Shree Raju Pandya (07956252294)

Shree Dr H P Abbot (07956824091)

Pandit Shree Veerendra Rishi (07788436348)

Pandit Shree Dr Venkat Joshi (07986603951)

E-mail Enquires:

mail@vishwasanatandharammandir.org

mail@vishwasanatandharammandir.org

Website:

www.vishwasanatandharammandir.org

Mandir Opening Times:

9.00am To 1.00 pm

5.00pm To 7.30.pm

Mandir Closing Times:

1.00pm To 5:00 pm

7:30pm To 9.00 am

|| Shri Hari ||

We are not to look towards whether others abide in their duty or not.

We must pay some attention when it comes to children, as it is our duty to teach them, to explain to them. But if they do not listen, then don't feel bad. And also do not have pride that I have done my duty.

www.swamiramsukhdasji.net

If you do charity or perform good deeds for name or fame, then,

that giving is also taking.

As long as your motives are such, till then you cannot become charitable.

www.swamiramsukhdasji.net

It is Possible to Renounce Pride and Attachment

अभिमान और अहंकारका त्याग सम्भव है

You change the 'I-ness'. When you are in the householder life, you say, you are a family man. But when you become a 'saadhu' (recluse), you say, I am a 'saadhu'. In front of mother and father, you say, I am the son, and in front of the son, you say, I am the father. In this manner, in front of your brother, you say, I am the brother, and in front of the wife, you say, I am the husband. If someone asks you, to tell the truth, whether you are a son, or a father, or a husband? Then the answer to this will be that 'I' myself am neither the son, father, brother, husband, none of these. Son, father, brother, husband, is in front of others. They are created out of other people's expectations and needs.

To get rid of the 'I-ness', there is one very easy way, that is, to purify the 'I-ness'. When will it be purified? It is purified when while you are in front of the mother and father, then doing the the best of best deeds that a sons would do. In the same way, when you go in front of the wife, then be a dutiful husband, by doing everything that a husband should do. We are not to look towards whether others abide in their duty or not. We must pay some attention when it comes to children, as it is our duty to teach them, to explain to them. But if they do not listen, then don't feel bad. And also do not have pride that I have done my duty. A good husband, must behave fairly, righteously with his wife, even if the wife fights, causes pain, behaves rudely and uses harsh words. You do not stray away from your duty.

What happens when one properly abides in their duty? Your 'I-ness' is purified. When the 'I-ness' is purified, you will gain the power to let it go. But as long as you keep doing things unjustly, the illusory power of 'I-ness' will not let go. But on becoming purified, it will be released. It will not bind you. The 'I' and 'Mine' will remain, only for relating with the world.

Just as when you work in some factory, then you say that I am a worker in so and so factory. Like that, if you work for the railway company then you say, I am an employee for the railway company. But you do not regard yourself as always a worker for the railway company. In the same way, regard yourself as father, son, husband, brother etc. Similarly, if you are wealthy, it is that you are wealthy compared to the poor. It is the poor that have made you wealthy. As an example, if you are millionaire in your town, but everyone else is a billionaire, then you are not considered to be rich.

Surrounded by these rich people, do you ever have pride of being a millionaire? But if you are in the midst of everyone that is poor, then you will be called a wealthy millionaire. Therefore it is due to the poor people that you are called wealthy. These poor people have made you a wealthy millionaire. Therefore you must serve the poor. He who takes help, but doesn't give help, he is ungrateful. Therefore, pride of wealth, pride of knowledge-intellect, pride of strength, is all a big mistake.

In the sixteenth chapter the Lord says –

दम्भो दर्पोऽभिमानश्च क्रोधः पारुष्यमेव च ।

अज्ञान चाभिजातस्थ पार्थ संपदमासुरीम् ॥

(गीता १६ । ४)

**dambho darpo'bhimānaśca krodhaḥ pārusyameva ca
ajñānaṁ cābhijātasya pārtha sampadamāsurīm (Gita 16/4)**

Meaning: O Partha (Arjuna), hypocrisy, arrogance, pride, anger, harshness and also ignorance (non discrimination)-- all these are the marks of one who is endowed with demoniacal nature—

दैवी सम्पद्धिमोक्षाय निबन्धायासुरी मता ।

daivī sampadvimokṣāya nibandhāyāsurī matā (Gita 16/5)

Meaning: Divine traits are deemed to be for liberation, the demoniacal nature is conducive to bondage;

Therefore, do not have pride of wealth, knowledge, intellect, strength, and position of power etc, rather, serve others. Whatever you are, whether you are father, son, husband etc., do your duty, in the best possible manner, just like acting in a play. Do not ruin the masquerade, nor have pride of it. Rather, you have to serve, those who have made you wise, knowledgeable, wealthy, powerful. It means, that it is due to those ignorant, poor, and weak, that you have become knowledgeable, wealthy, powerful.

Brahmins and *Sadhu*, have not become great due to pride of having the position of a '*Brahmin*' or a '*Sadhu*', rather it is due to renunciation that they have become great. Nowadays, they have become proud, it is due to this that they are being condoned. When they began to consider themselves to be superior, then the world gave up regarding them as superior.

There is a ritual in *Shraadh* (tribute to dead ancestors), that first one must invite a *Brahmin*. A *Brahmin* should live a life of self-control and discipline, practicing celibacy. He should have a meal at the invitee's house, and see to the supreme good of all the ancestors in that family. Then he must return home and do the *Gayatri japa*, and do penance. What was this? This was the renunciation by the *Brahmin*. People used to think that the *Brahmins* are taking charity, donations and eating food, but actually it was quite the contrary. They were taking little and giving a lot more. They were taking worldly things and giving spiritual in return. Therefore they were glorified and considered important. In the same way, they only take alms to the extent of sustenance of their life and give in return spiritual knowledge and knowledge about God. They see to the supreme good of others, therefore they are considered great, the granters of boon.

Simply by taking birth in a *Brahmin* family, or wearing the garb of a 'saadhu', one does not become great. Their sustenance was arranged through householders, so that they may not develop any pride. A *saadhu* will have to reach out his hand in front of a householder for food and alms. In this, the householder's hand is on top, and the *saadhu's* hand is at the bottom. God has caused the union and relation of everyone. Staying within your place, if you do your duty, then you will attain the highest accomplishments.

स्वे स्वे कर्मण्यभिरतः संसिद्धिं लभते नरः । (गीता १८ । ४५)
sve sve karmanyabhirataḥ saṁsiddhiṁ labhate naraḥ (Gita 18/45)

Devoted to his own inherent duty, man attains the highest perfection (God realization).

It is a principle that a *Brahmin* on taking contributions-donations, becomes a sinner. If the *Brahmin*, takes donation, for the benefit of the host, for the host's emancipation, then he does not become indebted or a sinner. But if he takes contribution, for his taste, pleasures, for becoming wealthy, then he becomes a sinner. If the *Brahmin*, takes donations for their emancipation, then in fact, he is not taking from the host, he is giving to them. Similarly, if you do charity and perform good deeds for name and fame, then, that giving is also taking. As long as your motives are such, till then you cannot become charitable.

Second point is, if you possess wealth, knowledge etc, and if you give to others, then it is not something of a very high grade. This is only income tax that you have to pay off. In this if you are feeling great and developing a pride, then it is your mistake. Having pride, are the characteristics of a demoniac person, and these demoniac qualities will be binding. Therefore we have to rise above these demoniac qualities. Pride arises due to having things and objects, and egoism arises in the self, due to the body. Therefore we must renounce egoism and pride.

Jai Mata Di!!!

Swami Ramsukhdasji

अच्छे-अच्छे काम में छोटी
अवस्था से लग जाना बहुत अच्छा
है, गायों की सेवा में लग जाना
बहुत ही लाभ की बात है। गायों
की सेवा से तत्वज्ञान हो जाय,
परमात्मा की प्राप्ति हो जाय,
प्रेम-भक्ति की प्राप्ति हो जाय
इतनी महिमा है।



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Poetry Of The Month

What You Can Have And Have Not By Money

1. By money you can have Amusement: **but not Happiness!**
2. By money you can have Book:**but not Brain!**
3. By money you can have Bed:**but not Sleep!**
4. By money you can have Bowl:**but not Saintliness!**
5. By money you can have Fineries:**but not Beauty!**
6. By money you can have Food:**but not Appetite!**
7. By money you can have House:**but not Home!**
8. By money you can have Luxuries:**but not Culture!**
9. By money you can have Medicines: ...**but not Health!**
10. By money you can have Temple:**but not Lord!**

By Deveshi Priya Abbott



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Community Special submission can be sent to the Mandir management by 25th of each month. We will endeavour to print in the newsletter FOC.

COMMUNITY SPECIAL

Introducing
a new school for
CROYDON

KRISHNA AVANTI
PRIMARY SCHOOL

Opening September 2016

Opening
September 2016



KRISHNA AVANTI
PRIMARY SCHOOL



Introducing a new 2 form-entry primary school for Croydon

Avanti Schools Trust are pleased to announce the fifth addition to our family of successful schools. Supported strongly by the local community, the school will provide an outstanding education for all.

Avanti schools prepare pupils for their respective life-journeys by promoting educational excellence, character formation and spiritual insight. Our Hindu faith schools are truly inclusive, seeking pupils and staff from all backgrounds and faiths; we do not operate a faith criteria for pupils. Alongside teaching the full curriculum, we are unique in offering practical 21st century spirituality, rooted in ancient wisdom. Class meditations, values-led lessons and yoga encourage reflection and are tools for life.

The planned permanent site will be a brand new building where Victoria House currently stands (CR0 4HA).

All children that will be starting Reception year in 2016 should apply via Croydon Council from September 2015 and register their interest online:

www.avanti.org.uk/kapscroydon



AVANTI SCHOOLS
TRUST

A Journey of
Self-Discovery



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SHREE VISHWA SANAATAN DHARMA VIVAH SERVICE (VSDMVS)

Please complete this form in BLOCK CAPITAL letters and send it to the above address with

Please send SELF ADDRESSED STAMPED envelope.

Contact Details

Title	Mr / Miss / Mrs / Dr	First Name	Surname
Address		Town / City	County: Post Code
Tel Number	Landline:	Mobile :	
E-mail			

Applicant Details:

Title	: Mr / Miss / Mrs / Dr	Sex : Male Female
First Name		
Surname		
Marital Status		
Nationality		
Date of Birth	Height : ft in	
Smoker :	Yes No	Vegetarian Yes No
Caste: (Optional)		
Qualifications	Occupation	

Declaration and Consent:

I understand and agree that the **SHREE VISHWA SANAATAN DHARMA MANDIR VIVAH SERVICES** and its Management will under no circumstances be held responsible legally or morally for the bonafide of either of the 'parties' concerned nor liable for any form of legal action.

I declare that the above particulars are correct to the best of my knowledge.

Signed (applicant): _____ Date: _____

Contact Name: _____ Tel No: _____

Please inform us in writing as soon as your son/daughter is engaged / Married.

For Office Use Only:

Date: / / Ref No: