



श्री विश्व सनातनधर्म मन्दिर

Shree Vishwa Sanaatan-Dharma Mandir

132 WHITEHORSE ROAD CROYDON SURREY CR0 2LA (U.K.)



In Memory of Late Shree Parshotam Lal Bhagat Abbott & Late Smt Parvesh Bhagat Abbott

Issue No. 022

Monthly

Apr 2016

सानातान धर्मा मेसज

Jai Mata Di

What is Sanaatan Dharma?

Sanaatana Dharma is a code of ethics, a way of living through which one may achieve moksha (enlightenment, liberation).

MESSAGE FROM THE CHAIRMAN:

We thank you all on behalf of the Mandir Founders, Trustees for attending Satsang & festival regularly. We also take this opportunity to thank all the Volunteers for hosting and participating in serving Prasad to Maa Durga and all its devotees.

Any Devotees who wish to participate as YAJMAN, please contact Mandir Management as soon as possible by e-mail / phone.

In the meantime the Mandir services will continue as usual and all weekly programmes will remain unchanged. Daily Evening AARTY will be performed at normal time

Nitin Mehta MBE

Chairman

Founder:

Shree Man Mohan Abbott

Trustees:

Dr. Sh. H P Abbot
Pandit Sh. Veerendra Rishi
Pandit Sh. Dr Venkat Joshi
Pandit Cllr. Sh. Raju Pandya

Chairman:

Shree Nitin Mehta, MBE

Mandir Purohit/ Acharya Ji
Vacancy:

Newsletter Editor:

Mandir Management

Newsletter Designer

Deveshi Priya, Age 11

This month's Festival:

| | | | |
|--------------------------|-------------------|------------|-----------|
| EKADASHI | एकदशी | 03-04-2016 | SUNDAY |
| PANCHAK BEGINS 8.45 PM | पंचक आरंभ | 03-04-2016 | SUNDAY |
| AMAVAS | अमावस | 07-04-2016 | THURSDAY |
| PANCHAK END 09.51 PM | पंचक समाप्त | 07-04-2016 | THURSDAY |
| SAMVAT BEGINS (2073) | | 08-04-2016 | FRIDAY |
| NAVRATRA BEGINS | नवरात्र आरंभ | 08-04-2016 | FRIDAY |
| SANKRANTI (VAISHKHA) | संक्रांति (वैशाख) | 13-04-2016 | WEDNESDAY |
| DURGA ASHTAMI | दुर्गा अष्टमी | 14-04-2016 | THURSDAY |
| SHRI RAM NAVMI | श्री राम नवमी | 15-04-2016 | FRIDAY |
| EKADASHI | एकदशी | 17-04-2016 | SUNDAY |
| HANUMAN JAYANTI (EUROPE) | हनुमान जयंती | 21-04-2016 | THURSDAY |
| PURNIMA (EUROPE) | पूर्णिमा | 21-04-2016 | THURSDAY |

VOLUNTEERS:

We would appreciate any Volunteer service from the devotees.

Please contact Nitin Ji / Manmohan via e-mail:

mail@vishvasanatadharam.org

Mandir Opening

Times:

9.30am To 1.00 pm
5.00pm To 8.00pm

Monthly Programme:

SATSANG

REGULAR MANDIR DEVOTEES HAVE BOOKED THE MANDIR FOR A MONTHLY SATSANG TO BE HELD EVERY FIRST SUNDAY OF THE MONTH FROM 3PM TO 5PM. ANY DEVOTEES WISH TO BE YAJMAN ON THE DAY, PLEASE CONTACT THE MANDIR MANAGEMENT TEAM ON 07956348676.

Weekly Programme:

1. EVERY MONDAY:(BHAGWAN SHIVJI PRAYERS / RUDR ABISHEK)

RUDR ABISHEK: As per ancient texts when Lord Vishnu was incarnated as Sri Rama, Lord established Shiva Lingam at Rameshwaram before crossing the sea. He performed Rudrabhishek to express his devotion towards Lord Siva. This Pooja, where Lord Shiva is worshiped in His Rudra form, is hailed by all Vedic scriptures as one of the greatest Poojas to remove all evils, to attain all desires and for all round prosperity and peace. It is an abhishek /puja performed for Lord Shiva and it is very auspicious to perform. (Devotees are welcome to come and perform this ceremony during Mandir Opening Hours on Monday)

2. EVERY TUESDAY:(HANUMAN JI / BAJRANG BALI JI PRAYERS)

RECITING SUNDERKANT CHAPTER FROM RAMAYAN & THEREAFTER ENCHANTING HANUMAN CHALISA.

3.EVERY WEDNESDAY:(BHAGWAN VISHNU PRAYERS)

ENCHANTING LORD KRISHNA MANTRA AND RECITING 1008 NAMES OF LORD VISHNU, THEREAFTER BHAJAN

4. EVERY THURSDAY:(BHAGWAN VISHNU / LAXMI JI)

RECITING SRIMAD BHAGAVAD PURANA, THEREAFTER BHAJAN

5. EVERY FRIDAY:(DEDICATED TO ALL MATA JI)

KATHA AND BHAJAN IS DEDICATED TO MAHALAXSHMI MATA JI, SANTOSHI MA, ANNAPURANESHWARI AND MAA DURGA.

6. EVERY SATURDAY: (DEDICATED TO SHREE HANUMAN JI FOR BHAGWAN SHANI DEV JI)

ENCHANTING HANUMAN CHALISA (108 TIMES)

7. EVERY SUNDAY: (BOOKINGS AVAILABLE FOR PRIVATE PRAYERS / FUNCTIONS)

TO BE ADVISED ON A WEEKLY BASIS

ANY DEVOTEES WISH TO BOOK THE MANDIR FOR ANY OF THE ABOVE DAYS FOR THE ABOVE PRIVATE POOJA CEREMONY, PLEASE CONTACT MANDIR MANAGEMENT BY E-MAIL.

|| Sri Hari ||
Doing and getting - (i.e will do this and gain this or that thereby), till these two things remain there will be 'Karma' (action) as motivating force of action only and not 'Karmayog' (Yoga of Action).
www.swamiramsukhdasji.net

|| Sri Hari ||
God, the eternally compassionate, well-wisher is everywhere; on accepting this, there will be no fear and no worries.
swamiramsukhdasji.net

For General and Newsletter Enquiries:

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Shree Raju Pandya (07956252294)
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mail@vishwasanatandharammandir.org

Website:

www.vishwasanatandharammandir.org

May All be Happy, May No One Suffer

सर्वे भवन्तु सुखिनः
सर्वे सन्तु निरामयाः ।
सर्वे भद्राणि पश्यन्तु
मा कश्चित् दुःखभाग्भवेत् ॥

God is protector of even the sinners, criminals, good men and more. Therefore simply remember Him and do your daily duties. Make God happy, even through your worldly duties. Give up your selfishness and serve. Serve all beings - brothers, sisters, sons, daughters, everyone. Make everyone happy, thinking that they belong to God. God will become very pleased, knowing that you are looking after His children.

Just like a child without parents, is taken and cared for by some lady, then the world finds her very compassionate. Everyone takes care of their own children, including animals. All in all, we have to see to the welfare and benefit of all. Even if there is nothing that we desire from others, then too, see to their supreme good. Do not develop an attachment towards those you serve. The point is, by giving up your selfishness, give happiness to all, and see towards everyone's well-being.

"Sarve Bhavantu sukhinah, Sarve santu niraamayaahaa
Sarve bhadraan paschyantu, maa kaschid dukh bhagbhavet."

My good friends ! Have such a feelings within - May no one suffer; May all get rest and relaxation; May all attain happiness. . This is an immense opportunity in this human birth. Working for selfishness is not humanity. Dogs play a lot with each other, but the minute they see food, they fight with each other. In the same say if we too fight due to selfishness, then what is the difference between the animals and us?

"Te praanuvanti maameva, sarvabhoote hite rataah." (Gita 12:4

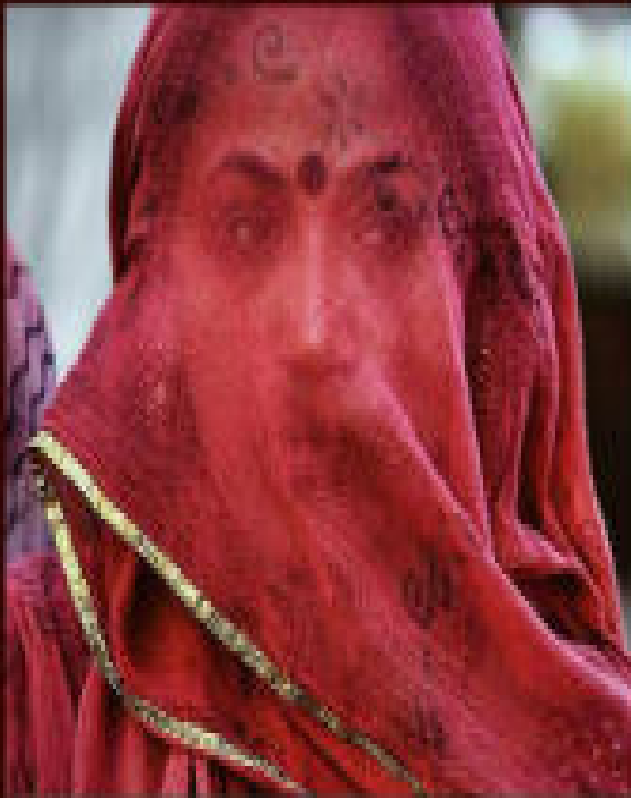
Those who are engaged in the welfare of all, will surely attain God. Brothers ! you have received immense gains from the world, by accepting it as your own. Now accept God as your very own and see the magic that takes place. May all benefit, may all be happy; may all get rest and relaxation, may all attain salvation - such must be our inner feelings. Do as much as you can to serve. But have no shortcomings in your inner expression. Have a broad outlook, such that you are happy in the happiness and welfare of all.

With this feeling within any trace of selfishness will automatically drop off. The inner expression comes first and later comes the actual action. Those that have become great souls, had this feeling of the welfare of all.

From "Jivan Upyogi Pravachan" in Hindi by Swami Ramsukhdasji

Ram Ram

|| श्री श्री ||



Nothing remains
to be done for
the devotee
that has taken
refuge in God

Just like a 'pativrata stri' (chaste wife) has no work of her own. Even adorning her body is due to her husband and for him only. She considers everything as belonging only to her husband. Similarly, a devotee that has taken refuge in God, surrenders all assumed and known bodily relations, at the lotus feet of God, thereafter being free of all worries, fear, doubts, sorrows and regrets.

www.ramsukhdasji.net

SHARANAGATI

"Na Vidyaa yeshaam shreern sharanampeeshan cha gunaah

sharanyam yam tepi prasrutgunamaashritya sujanaa
vimuktaastam vande yudupatimaham krushammalam."

"He who does not possess any skill, nor wealth, nor has any support; in whom there are no qualities, no knowledge of Vedas, nor of the scriptures; He who has been abandoned by the world being regarded as sinful, such beings too, that take refuge in the One that is the Ultimate Protector, Prabhu (God, Lord), he can become a saint and can attain salvation. I prostrate in front of That One whose qualities have attained recognition around the world, the pure Soul, the father of the Yadu dynasty, Shri Krishna Bhagavaan.

**"Sarva Dharmaanparityajya maamekum sharanam vraja
Aham tvaa sarvapaapebhyo mokshayishyaami maa suchah." Gita 18:66**

"Abandoning dependence on all duties (dharma), take refuge in ME, alone. I will liberate you from all sins, therefore grieve not. (Gita 18:66)

Comments -

"Sarva Dharmaanparityajya maamekum sharanam vraja" - God says that leave the dependency on all Dharma, the decisions pertaining to Dharma, i.e. also leave the decisions on what to do and what not to do - and take refuge only in ME.

The Self (swayam) is the one that has to take refuge - this is the essence of all spiritual disciplines. Nothing remains to be done for the devotee that has taken refuge in God; just like a *pativrata* (chaste wife) has no work of her own. Even adorning her body is due to her husband and for the husband only. She does not consider the house, the family, the possessions, the son-daughter and the so called her body too her own, rather considers it to be her husband's (*patidev's*) only. The point here is that just like a chaste wife merges her gotra (subdivision of same caste group) into the gotra of her husband, thereafter living in husband's home, similarly a devotee who has taken refuge in God, surrenders all assumed and known relations with the body (the caste group, race, name, etc) at the Lotus feet of God, thereafter being free of all worries, fear, doubts, sorrows and regrets.

Here in the Gita, **the term "Dharma" stands for Duty**. the reason is that from Gita 18-41 to 18:44, the term "Svabhaavaja Karam" (duties born of their nature) have been used. In Gita 18:47 the term "Svadharm" (one's own duty) has been used and again in Gita 18:47 and 18:48 the term "Karma" (Duty) has been used. It means that in this context at the beginning and the end the term "Karma" (Duty) has been used, while in the middle the term "Svadharm" (one's own duty) has been used, therefore the term "Dharma" stands for "Duty".

Now the question arises from the words "sarvadharmaparityajya" whether in essence, one's "dharma" i.e. "duty" should be understood to be abandoned? The answer is that it is actually not proper to abandon one's duty, nor does this fit well with the current topic and the relevance to it. Arjuna on listening to this point from God did not forsake his duties, rather he said **"Karishye vachanam tava" (Gita 18:73)** - "I shall act according to your word", and accepted to obey and follow the instructions given by the Lord to fulfill his duties. Not only did he accept, but he carried out his order and waged war.

Ram Ram



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Poetry Of The Month

Religious: Hymns and Adoration

Lord Vishnu

The sustainer of the Universe.

O Vishnu:

Save me from pride,
Curb my restless minds' tide,
Still my thirst for the waters of worlds' mirage,
Be gracious, O Lord, give me courage.

I worship Thy lotus feet,
Which are like Ganges water sweet,
And of fragrance of knowledge, truth and bliss.
I prostrate before Thee for an easy access.

O Laxmi Consort:
Thou over-cometh the fear, misery of the world,
Thou giveth peace to souls deserve.
Be gracious, O Lord, to Thy humble devotee,
Rescue him from the Maya's mystic beauty.

O Narayana:
Slayer of demons hosts, (army)
Bestower of Bliss and destroyer of foes.
Thou art taking rest on coils of Sheshnaga,
Thou holdest Laxmi as Thy consort, still in
Vairagya.

O Lord:
I am not duality's slave.
Why poignancy of senility then I have?
The truth is that I am Thine,
Not that Thou art mine.

O Govinda:

The waves are in Ocean, but ocean is not waves,
The caves are in mountain, but mountain is not cave.
So do I belong to Thee but Thou not belong to me.
Thou art my God of worship and I am Thy devotee.

Thou art almighty one,
Thy eyes resemble moon and sun.
Can anyone doubt Thy universe,
Nor anyone in words can it express.

O Sovereign Lord:
With Thy manifold incarnations,
Ever hast Thou protected worlds' nations,
Rescue my country, then, O Lord,
Save it from its going to rot.

O Govinda:
Thou art possessor of infinite virtues,
Thou art surpassing charm of rectitude.
Thou churning of sea of worldliness queer,
Be gracious unto me, destroy my extreme fear.

O Narayana:
Thou who art ever compassionate,
Thou art master of Jivas' fate,
Give me refuge in Thy feet O Lord.
I beseech Thee, be pleased to stay in my heart.

Author: Lord Vishnu's devotee



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Community Special submission can be sent to the Mandir management by 25th of each month. We will endeavour to print in the newsletter FOC.

COMMUNITY SPECIAL

Introducing
 a new school for
 CROYDON

KRISHNA AVANTI
 PRIMARY SCHOOL

Opening September 2016

Opening
September 2016



KRISHNA AVANTI
PRIMARY SCHOOL



Introducing a new 2 form-entry primary school for Croydon

Avanti Schools Trust are pleased to announce the fifth addition to our family of successful schools. Supported strongly by the local community, the school will provide an outstanding education for all.

Avanti schools prepare pupils for their respective life-journeys by promoting educational excellence, character formation and spiritual insight. Our Hindu faith schools are truly inclusive, seeking pupils and staff from all backgrounds and faiths; we do not operate a faith criteria for pupils. Alongside teaching the full curriculum, we are unique in offering practical 21st century spirituality, rooted in ancient wisdom. Class meditations, values-led lessons and yoga encourage reflection and are tools for life.

The planned permanent site will be a brand new building where Victoria House currently stands (CR0 4HA).

All children that will be starting Reception year in 2016 should apply via Croydon Council from September 2015 and register their interest online:

www.avanti.org.uk/kapscroydon



AVANTI SCHOOLS
TRUST

A Journey of
Self-Discovery



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SHREE VISHWA SANAATAN DHARMA VIVAH SERVICE (VSDMVS)

Please complete this form in BLOCK CAPITAL letters and send it to the above address with

Please send SELF ADDRESSED STAMPED envelope.

Contact Details

| | | | |
|------------|----------------------|-------------|-------------------|
| Title | Mr / Miss / Mrs / Dr | First Name | Surname |
| Address | | Town / City | County: Post Code |
| Tel Number | Landline: | Mobile : | |
| E-mail | | | |

Applicant Details:

| | | |
|-------------------|------------------------|-------------------|
| Title | : Mr / Miss / Mrs / Dr | Sex : Male Female |
| First Name | | |
| Surname | | |
| Marital Status | | |
| Nationality | | |
| Date of Birth | Height : ft in | |
| Smoker : | Yes No | Vegetarian Yes No |
| Caste: (Optional) | | |
| Qualifications | Occupation | |

Declaration and Consent:

I understand and agree that the **SHREE VISHWA SANAATAN DHARMA MANDIR VIVAH SERVICES** and its Management will under no circumstances be held responsible legally or morally for the bonafide of either of the 'parties' concerned nor liable for any form of legal action.

I declare that the above particulars are correct to the best of my knowledge.

Signed (applicant): _____ Date: _____

Contact Name: _____ Tel No: _____

Please inform us in writing as soon as your son/daughter is engaged / Married.

For Office Use Only:

Date: / / Ref No: